

Suite Talk

The Newsletter of the NSW Operating Theatre Association Inc.



October / November 2011

www.nsw-ota.asn.au

Dear Colleagues,

The end of the year is fast approaching and daylight saving has arrived. Christmas parties are already being booked and orders are coming in from my nieces and nephews (11 in total) for what they want for Christmas.

Our last professional day for the year will be held this weekend and it has an instrument and circulating role focus. Debbie and Mary-Anne have put together some great professional days this year and planning is already in place for next years educational program. Due to the overwhelming number of delegates wishing to attend these days we are looking for new venues which provide more space for delegates and trade displays. If your hospital has suitable venues please contact Michelle in the office to let us know.

The membership survey is complete and being analysed as you read this. Jed Duff is putting the final touches on it and it will be ready for our review shortly. We will be using the results of the survey at our strategic planning weekend in March 2012 as we move forward with the strategic plan for the NSW OTA. A very big thankyou for everyone who completed the survey we received a great number of responses (over 400) and the winner of the draw will be announced in the next suite talk.

The Ministry of Health is in the process of publishing the Rural Futures Workshop Recommendations. The OTA had a chance to provide some recommendations for this report and we were pleased that our suggestion that

rural nurses be given access to the internet for education purposes were included in the final report.

The current executive team are looking at the make up of the executive committee and discussing the possibility of changing how the committee is structured. At present members nominate for a particular position e.g. Education Officer. The executive is investigating having a team based structure instead. Further information and details will be provided in the next suite talk.

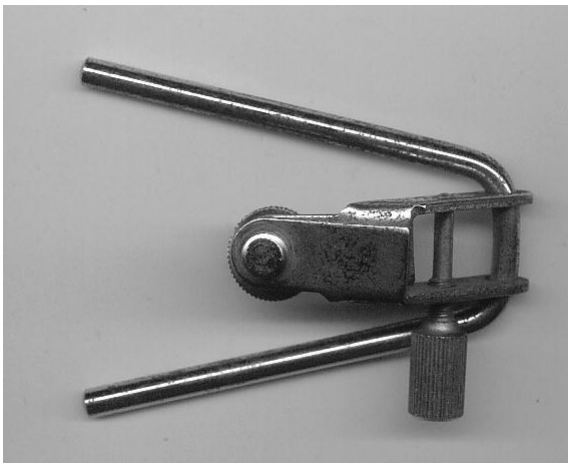
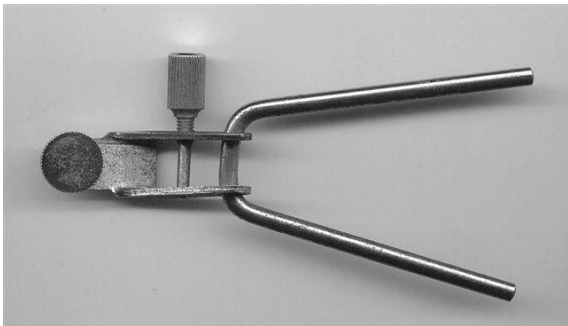
Conference preparations are well underway and the program will be ready for publishing shortly. The conference will be held 8-10th March 2012, don't forget to put in your requests and apply for a conference grant.

Allanah

CAN YOU HELP?

The SPASM museum is trying to identify a number of items that found their way to the museum. If you think you can help, and give the following pieces a name, or origin, or purpose, the curators would be very grateful. You can contact the museum at

spasm@netspace.net.au
or via the website
www.spasmmuseum.org.au

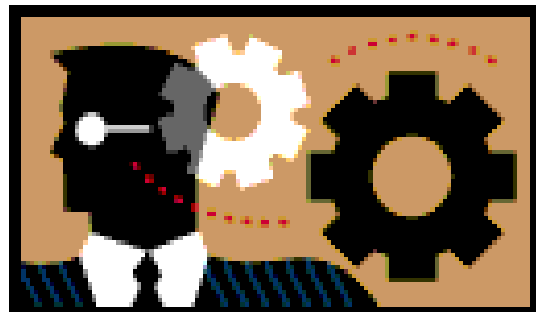


Membership Renewal Process

Executive members recently attended a Membership recruitment and retention workshop. The information obtained during this workshop was invaluable to us and we are reviewing the current process.

A 5 stage approach to membership renewal will be introduced in the coming months with membership renewal for January being the first see to changes.

The aim of the 5 stage process is to prevent members not renewing membership and then losing access to grants etc. We will provide more information for you in the next suite talk.



Zone Co-ordinator Report

OCTOBER, 2011

On Saturday 6th August Sarah, Allanah and myself attended Zone 1's Very Resourceful Entities Professional Education Day held at Club Macquarie, Argenton. The day was very well attended. Phyllis Davis presented two very interesting and entertaining talks on Nursing and its futures. Dr Mish presented on operating in challenging environments overseas. He spoke about his time in Peru and also East Timor during the conflict in 2006. His video diary was quite interesting as well as the cases he was involved with. There were talks from 4 perioperative nurses in Zone 1 covering topics of cell savers, urological surgery, pain management and Gynaecology oncology. Dr Gary Hoffman, presented on Maxillofacial Surgery and Dr Geoffrey Otton, presented on Gynaecology Oncology Surgery. At the AGM Lynn Hoey stepped down as chairperson and Melissa Voysey stepped down from Zone 1 Executive. Donna Hopley is the new chairperson for Zone 1.

On Saturday 13th August Sarah and I attended Zone 7's When Cells Divide Professional Day at the Canberra Southern Cross Club in Woden. The day was attended by 40 delegates and 2 trades. The presentations included pain management for patients with cancer and chronic pain, Ultrasound use in Trauma, Oral Cancers diagnosis and treatment. The Cytotoxic care and handling talk presented an animated and informative discussion about current practices in departments and guidelines. Nurse Paul Chicchio gave the story of his personal journey with cancer and the subsequent treatments given, the role of his family and included personal insight into the things he would have done differently. The Annual general meeting saw Jenni Patmore and Angela Coleman stay in their current positions with the addition of a new Secretary and 3 assistant executive positions. They are very excited about these additions to their executive and their roles.

On Saturday 10th September 2011 Allanah and I attended the Zone 2 Professional Education day held at the new Orange Base Hospital. The day started with local Orthopaedic Surgeon, Ben Milne, talking about lower limb major orthopaedic trauma, followed by local anaesthetist, Jim Halloway, talking delegates through the management of trauma from the anaesthetist's point of view, including a case study. Evan Jones gave a talk about Upper limb trauma and management and delegates were spoiled with all the

gory photographs provided by all presenters. Amelia Toole from Device Technologies gave a talk about gastric obstruction and removal of foreign bodies including showing some new devices on the market for delegates to handle and get a closer look at. Brendon Smith gave an innovative and thought provoking case study of two mates that presented to their local hospital after injuring each other. The formalities of the day saw Libby McKenna stepping down as chairperson. She was thanked for her time as chairperson and wished well for her future. No one has stepped into this role. Pnina continue as secretary and Melissa as Treasurer. Then delegates were treated to a delicious lunch followed by a tour of the new theatre suite. The day was attended by 7 trade and delegates were able to walk and talk to the trade during the breaks.

I conclude this report with the news that Sarah Luff has resigned from the OTA executive and her role as Assistant Zone coordinator. She has had to do this due to family reasons and we hope to see her involved in the OTA in the future.

Hayley McIntosh
Zone Co-Ordinator

Dates to Remember

- ❖ Saturday 5th November 2011
Instrument & Circulating Nurse Professional Development Day Rosehill
- ❖ Saturday 12th November 2011
Zone 6 Professional Education Day Shoalhaven Hospital, Nowra
please note this date has changed
- ❖ Saturday 19th November 2011
Zone 7 Professional Education Day Canberra
- ❖ Friday 25th November 2011
Zone 1 Professional Education Evening and Christmas Party Newcastle
- ❖ 8th- 10th March, 2012
NSW OTA Annual Conference Rosehill Racecourse



The Educators Professional Education Day held at Prince of Wales Hospital on the 19th of August, was an interesting, informative and thought provoking day. Our thanks and gratitude goes to Menna Davies, for her expert help and organisation of the day.

The Instrument and Circulation Nurse Professional Day at the Rydges Hotel, Rosehill, (please note that this is a different venue from our other days) is on the 5/11/11, and will conclude our education program for the year. We have moved our venue for the day in response to the almost overwhelming numbers of interested members wishing to attend our PED days.

We have been fully subscribed to each of these, within days of the registrations being released.

I would urge you, if you haven't already done so, to contact Michelle, our secretariat, to secure your place for the day.

As already mentioned this is our last education day for the year. So, I would like to thank on behalf of the NSW OTA executive, everyone who has availed themselves to make these days such the success that they are: 3M for the use of their facility and their assistance at the Anaesthetic and PACU days, all of the presenters for their time and sharing of their expertise, our wonderful trade partners who give their time and of course our members who attend and participate in these days.

We are planning for our 2012 program now so if you have any ideas, burning issues or innovations that you would like to share with colleagues, then please contact the Education team, Debbie Carter & Mary-Anne Renshaw via the NSW OTA office.

Our 2012 conference plans are progressing full steam ahead. With the call for abstracts now closed, we are in the process of reviewing those abstracts, and will be in touch with the successful presenters shortly.

A preliminary flyer has already been released and early bird registrations will be available soon, so now is the time to start your planning to attend the conference, 8th-10th March 2012.

We would also encourage those eligible members, to apply for an education grant, available from the NSW OTA, to assist with the financial cost of attending the conference. The selection criteria and application process is available on the website, www.nsw-ota.asn.au. Please read the information thoroughly and submit your application in time.

Karen Hay
On behalf of
Deborah Carter & Mary-Anne Renshaw
Education

RESEARCH NEWS

Evidence-based clinical guidelines are a fantastic resource for busy clinicians as they systematically identify, review and summarise the available research evidence on a particular aspect of care.

The latest edition of the *European Journal of Anaesthesiology* contains an evidence-based clinical guideline on preoperative fasting in adults and children.

Perioperative fasting in adults and children: guidelines from the European Society of Anaesthesiology in European Journal of Anaesthesiology August 2011 - Volume 28 - Issue 8 - p 556-569

Abstract

Aim: The guideline aims to provide an overview of the present knowledge on aspects of perioperative fasting with assessment of the quality of the evidence.

Method: A systematic search was conducted in electronic databases to identify trials published between 1950 and late 2009 concerned with preoperative fasting, early resumption of oral intake and the effects of oral carbohydrate mixtures on gastric emptying and postoperative recovery.

Results: The key recommendations are that adults and children should be encouraged to drink clear fluids up to 2hours before elective surgery (including caesarean section). Tea or coffee with milk added should be considered a clear fluid. Solid food should be prohibited for 6hours before elective surgery in adults and children. There is insufficient evidence to recommend the routine use of antacids, metoclopramide or H2-receptor antagonists before elective surgery in non-obstetric patients, but an H2-receptor antagonist should be given before elective caesarean section, with an intravenous H2-receptor antagonist given prior to emergency caesarean section. Infants should be fed before elective surgery. Breast milk is safe up to 4hours and other milk up to 6hrs. Thereafter, clear fluids should be given as in adults.

Recommendations: The key recommendations are that adults and children should be encouraged to drink clear fluids up to 2hours before elective surgery (including caesarean section). Tea or coffee with milk added should be considered a clear fluid.

Solid food should be prohibited for 6hours before elective surgery in adults and children.

There is insufficient evidence to recommend the routine use of antacids, metoclopramide or H2-receptor antagonists before elective surgery in non-obstetric patients, but an H2-receptor antagonist should be given before elective caesarean section, with an intravenous H2-receptor antagonist given prior to emergency caesarean section.

Infants should be fed before elective surgery. Breast milk is safe up to 4hrs and other milk up to 6hrs. Thereafter, clear fluids should be given as in adults.

If you would like to recommend a study for publication in the next edition of suite talk then please forward the abstract or citation to:

Jed Duff,
Clinical Research Fellow,
St Vincent's Private Hospital jduff@stvincents.com.au

Did you know that the NSW OTA has educational grants available to eligible members?

The NSW OTA offers grants to members to assist with the attendance at local, national and international conferences and seminars.

These grants can be used for registration and travel and can be used to attend the NSW OTA Annual Conference to be held 8th -10th March 2012, Rosehill Racecourse, Sydney.

There is a selection criterion, which is available on the website, as well as information on the application process.

If you are considering applying for one of these grants, please ensure that you meet all of the criteria and your application is forwarded to the executive in a timely manner. (We really don't like denying applications!)



The Spirit

of Perioperative Nursing
in Australia

**2012 ACORN
Fifteenth National Conference**

Calls for Abstracts:-

*close the
30th Dec, 2011*

*Abstracts for the 15th National ACORN
Conference will only be accepted
electronically.*

*For the guidelines, specifications and
instruction on submitting your application
please visit*

www.tayloredimages.com.au

NSW OTA Life Membership and Excellence Awards

Do you know someone that
should be nominated for an
excellence award or Life
membership?

The time is now!

Details are available on the website

<http://www.nsw-ota.asn.au>

Closing date for receipt of
application is by
31st December 2011